

JULY 4TH 2012



FCA FREEDOM RUN

FIRST ANNUAL

5K WALK

START
AND
FINISH
AT HIGH
SCHOOL

KIDS 1 MILE
FUN RUN 8:00
START TIME

Entry fees: Adults \$15 and \$10 Kids
Make checks payable to: Sidney FCA
Mail to: 2413 Deaver Dr Sidney, NE or drop off at the CCCC

7:00 - 8:00 registration, 8:15 race
Registration starts June 1st

Name: _____ Age: _____ Sex: M F Shirt Size: Youth: S M L XL
Adult: S M L XL

*Preregistered runners are guaranteed a tshirt

Address: _____ City: _____ State: _____ Zip: _____

In submitting my entry, I, for myself, my heirs, executors and administrators, do hereby waive and release any and all claims for damages I may have now or here after arising against the Sidney FCA 5k, 1 Mile Walk/Run Race, any and all claims of damages, injuries, demands, actions, whatsoever however they may occur, arising as a result of my participation in said events. I acknowledge that I am aware of the inherent risks associated with participation in events of this type. I understand this race is at night and may reduce my visibility and ability to react to surface changes. I attest and verify that I am mentally and physically capable to begin and/or participate in this challenge and have sufficiently prepared for the completion of these events and my mental/physical condition is of my own responsibility and has been verified by a licensed medical doctor upon my inquiry. Further-more, I hereby grant full permission to any and all of the foregoing to use my name, my voice, and/or my picture in any broadcast, telecast, advertising promotion or other account of these events for any purposes whatsoever. I understand that the entry fee is nonrefundable and numbers are nontransferable.

Signature Date Signature of parent for runners under 19 Date